

Ellie Mizani, M.D.

Cedars-Sinai Medical Office Towers • 8631 W 3rd St #1100E • Los Angeles, CA 90048

Undergraduate Education

University of California Irvine
Degree: B.S. in Biological Sciences
Graduated: 2001

Medical Education

University of California Irvine School of Medicine
Degree: M.D.
Graduated: 2005

Residency Training

University of California Irvine Medical Center, Department of Psychiatry and Human Behavior
General Psychiatry
7/2005-6/2008

Fellowship Training

University of California Irvine Medical Center, Department of Psychiatry and Human Behavior
Child and Adolescent Psychiatry
7/2008-6/2010

Board Certifications

Adult Psychiatry; American Board of Psychiatry and Neurology Adult Psychiatry (Certified 6/2010)
Addiction Medicine; American Board of Addiction Medicine (Certified 12/2010)
Child and Adolescent Psychiatry; American Board of Psychiatry and Neurology (Certified 12/2011)

Faculty Appointments

Assistant Clinical Professor of Psychiatry and Pediatrics, University of Southern California, Keck School of Medicine
(7/2010-7/2012)

Employment History

Attending Psychiatrist, Department of Psychiatry, Division of Consultation-Liaison Psychiatry, Cedars-Sinai Medical Center
7/2012-7/2014

Psychiatric consultant for both medically ill hospitalized patients and patients presenting to the emergency department with primary psychiatric or medical complaints.

Staff Psychiatrist, Mental Health Center, Cedars-Sinai Medical Office Towers, Los Angeles, CA
7/2010-Current

Adult, child and adolescent psychiatrist and addiction medicine specialist treating individuals with complex and refractory mood, anxiety, and substance use disorders in a group private practice setting. Specialized areas of expertise include management of severe addictive disorders in young adults with co-morbid ADHD.

Attending Psychiatrist, Department of Child and Adolescent Psychiatry, Childrens Hospital Los Angeles
7/2010-7/2012

Psychiatric consultant for medically-ill hospitalized infants, children and adolescents with mood, pain, cognitive, and chemical dependency issues at the largest pediatric hospital in Southern California. Areas of expertise include management of complex delirium, refractory pain, somatoform and eating disorders as well as agitation and sedation in the pediatric and cardiothoracic ICU settings. Gained proficiency in the pharmacologic management of psychiatric disorders in patients with organ and bone marrow transplants and commonly treat patients with rare and highly complex medical conditions.

Staff Attending Physician, Riverside Community Regional Medical Center, Arlington Campus
7/2007-9/2011

Resident (7/2007-12/2009) then attending physician (12/09-9/2011) at the Riverside County psychiatric inpatient facility and emergency room, a 77-bed hospital located in one of the largest counties in California. Adult, child and adolescent psychiatric cases frequently presented with exceptional acuity and complexity.

Leadership Experience

Chief Fellow, Department of Child and Adolescent Psychiatry, UC Irvine Medical Center

7/2009-6/2010

Provided administrative assistance to department and acted as a liaison to fellows. Assisted with overall conflict negotiation and resolution within institutional administrative policies. Organized and arranged all aspects of fellowship didactic seminar for 1st and 2nd year fellows.

Fellow, Psychopharmacology Clinic, Department of Child and Adolescent Psychiatry, NPI-UCLA Medical Center

7/2009-6/2010

Performed year-long externship as child and adolescent psychiatry fellow in this highly specialized psychopharmacology clinic.

National Psychiatry Resident Representative, Organization for Resident Representatives, Association of American Medical Colleges (AAMC)

10/2008-5/2010

Provided resident physician voice to the AAMC through input to governance on matters before the association. Obtained leadership development opportunities related to academic medicine.

Co-President, Associated Medical Student Government and Student Body (AMSG), UC Irvine School of Medicine

6/2004-6/2005

Oversaw all aspects of medical student government, oversaw responsibilities of other AMSG officers; coordinated several major school of medicine events.

Assistant Coordinator Psychiatry Interest Group, UC Irvine School of Medicine

6/2003-6/2005

Organized events, meetings and maintained contact between medical students and members of psychiatry department faculty.

Co-President, AMSG 2nd Year Class, UC Irvine School of Medicine

9/2002-9/2003

Coordinated major medical school events, academic and community activities for first and second year medical students; served as liaison between medical students, faculty and student government. Represented student body at school of medicine advisory board and AMSG meetings.

Operations Manager Madres Del Futuro, UC Irvine School of Medicine

1/2002-1/2003

Oversaw clinic operations in this non-profit, medical student run pre-natal clinic for the underserved.

Staff Physician, Flying Samaritans at UCI

1/2001-9/2009

Patient triage, history taking, physical examination and treatment planning; clinic is located in El Testarazo, Mexico and was established to provide free medical treatment to the extremely underserved in the area.

Constituent Medical Case Worker, 34th Senatorial District, State of California

8/1999-7/2000

Constituent assistant for medical-, business- and government-related cases in the local office of California Senator Joseph Dunn. Served as liaison between constituents and departments of state; managed fundraising and community service events, provided intern supervision.

Research

Factors Influencing a Medical Student's Decision to Pursue a Career in Emergency Medicine.

Laleh Gharahbaghian, MD, Jennifer Oman, MD, Scott Rudkin, MD, Warren Wiechmann, Elham Mizani, David Bahner, MD
Department of Emergency Medicine, University of California at Irvine

Poster presented at Emergency Medicine Western Regional Conference

Co-Author; 11/2003-7/2005

Incidence of Acute Endophthalmitis Following Penetrating Keratoplasty: A Systematic Review.

Taban M, Behrens A, Newcomb RL, Nobe MY, McDonnell PJ. *Arch Ophthalmol.* 2005;123:605-609.

Department of Ophthalmology, University of California at Irvine

Research Assistant; 10/1999-7/2001

Languages Spoken

Farsi (fluent), Spanish (semi-fluent)

Other Awards

Deans Honor List (UC Irvine, 1997-2000)

Irvine Medical Center Scholarship Award (UC Irvine, 1999)

Most Outstanding Political Organization Award (President; UC Irvine, 1999-2001)

Jane Unzelman Academic Scholarship Award (UC Irvine, 2000-2001)

Richard and Valerie Sims Endowment Fund Medical Scholarship recipient; (UC Irvine School of Medicine, 2005)

Lectures

"Psychosis in Children and Adolescents"; UC Irvine Medical Center Department of Psychiatry PGY-2 Didactic Seminar (5/2010)

"Adolescent Addiction Psychopharmacology"; USC Department of Psychiatry Child & Adolescent Fellowship Didactic Seminar (5/2010, 8/2011)

"Adolescent Addiction Psychopharmacology"; Brain Conference at Childrens Hospital of Los Angeles (8/2010)

"Attention-Deficit Hyperactivity Disorder & Addiction"; Cedars Sinai Department of Psychiatry PGY-2 Didactic Seminar (3/2011)

"Attention-Deficit Hyperactivity Disorder & Addiction"; Perspectives on Addiction, Cedars-Sinai Medical Center (3/2011)

"Attention-Deficit Hyperactivity Disorder & Addiction"; Childrens Hospital Los Angeles, Division of Adolescent Medicine Grand Rounds (4/2011)

"Introduction to Substance Use Disorders"; USC Keck School of Medicine, 1st & 2nd year medical student lecture (4/2011)

"Attention-Deficit Hyperactivity Disorder & Addiction"; California Psychiatric Association Annual Meeting (9/2011)

"Attention-Deficit Hyperactivity Disorder & Addiction"; Academy of Psychosomatic Medicine Annual Meeting (11/2011)