

Miriam R. Winthrop, MD

Mental Health Center
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Board Certification

American Board of Psychiatry and Neurology, Inc.

Licensure

California State Medical License
DEA License

Education

Dartmouth College – Hanover, NH 2013
B.A. Medical Anthropology

Keck School of Medicine at USC – Los Angeles, CA 2018
Doctor of Medicine

Residency Training

LAC+USC Medical Center – Los Angeles, CA 2022
Residency Program in Psychiatry

Fellowship Training

University of California, Los Angeles – Los Angeles, CA 2023
Fellowship Program in Geriatric Psychiatry

Work and Leadership Experience

Chief Resident of Outpatient Psychiatry 2021 – 2022
LAC+USC Medical Center

Provided clinical supervision for medical students and residents. Managed administration and workflow of LAC+USC adult outpatient psychiatric clinic. Acted as liaison between residents and faculty.

Adult Outpatient Psychiatric Clinic – 2nd Year Resident Specialty Clinic 2021 – 2022
LAC+USC Medical Center — Clinical Supervisor

Supervised the implementation of a pilot clinical rotation for second-year residents designed to provide earlier exposure to outpatient and longitudinal patient care. Responsibilities include logistical coordination, resident orientation, and direct clinical supervision.

Graduate Medical Education Policy Committee 2021 – 2022
LAC+USC Medical Center — Chief Resident Representative

Acted as representative for outpatient services in monthly committee meetings regarding program- and department-wide educational policy decisions and initiatives.

Adult Outpatient Psychiatric Clinic COVID-19 Response Working Group 2020 – 2022
LAC+USC Medical Center — Resident Representative

Responsible for devising clinic protocols and strategy to optimize patient and provider safety during the coronavirus pandemic.

Adult Outpatient Psychiatric Clinic Telehealth Working Group 2020 – 2021
LAC+USC Medical Center — Project Lead
Led weekly working group to develop resident training materials for virtual patient encounters. Drafted remote work protocols and contingency management plans that were successfully implemented in the clinic. Spearheaded efforts to increase virtual patient visits.

Teaching Experience

Adult Outpatient Psychiatric Clinic – Case Conference Didactic Series 2021 – 2022
LAC+USC Medical Center — Lead Instructor
Designed and coordinated the outpatient psychiatric educational curriculum at LAC+USC Medical Center. Provided lectures to residents and medical students on a weekly basis. Lead clinical skill building workshops on a monthly basis.

Psychotherapy Experience

Adult Psychoanalytic Therapy Program 2022 – 2024
New Center for Psychoanalysis — Clinical Trainee
Two-year psychoanalytic training program for practicing clinicians. Includes weekly seminars and case consultation integrating psychoanalytic theory and psychiatric pathology, with goal of using the psychoanalytic perspective to enhance clinical practice.

Advanced Psychotherapy Skills Training Track 2021 – 2022
Keck School of Medicine at USC, Department of Psychiatry — Senior Resident
Completed an advanced psychotherapeutic training curriculum as a fourth-year resident. Received weekly individual training with a dedicated expert clinician supervisor in each of the following psychotherapeutic modalities: Psychodynamic Psychotherapy, Interpersonal Psychotherapy, Cognitive Behavioral Psychotherapy, and Dialectical Behavioral Psychotherapy.

Outpatient Mindfulness-Based Cognitive Behavioral Therapy Group 2021 – 2022
LAC+USC Medical Center — Clinical Supervisor
Instructed and supervised two third-year psychiatry residents in the facilitation of a twice monthly psychotherapy group in Mindfulness-Based Cognitive Behavioral Therapy for depression relapse prevention.

Research and Quality Improvement Experience

Adult Outpatient Psychiatric Clinic – Intake Workflow Quality Improvement Initiative 2021 – 2022
LAC+USC Medical Center — Project Lead
Worked with third-year residents and clinic faculty to study inefficiencies in the clinic intake process and to design interventions/protocols to improve efficiency and ease of workflow for residents.

Adult Outpatient Psychiatric Clinic – COVID-19 Vaccination Quality Improvement Initiative 2021 – 2022
LAC+USC Medical Center — Project Lead
Worked with third-year residents and clinic faculty to assess COVID-19 vaccination rates among clinic patient population and to study demographic features and risk factors among unvaccinated patients. Designed interventions and protocols to increase rates of vaccination among clinic patients, with goal of 90% vaccination rate.

- Adult Outpatient Psychiatric Clinic – Resident Feedback Quality Improvement Initiative** 2021 – 2022
LAC+USC Medical Center — Project Lead Worked with third-year residents and clinic faculty to assess satisfaction in receiving and delivering performance feedback. Developed individualized model for improving feedback process and enhancing a supportive work culture that fostered continuous self-improvement.
- Adult Outpatient Psychiatric Clinic – Competency in Geriatric Care Quality Improvement Initiative** 2020 – 2022
LAC+USC Medical Center — Project Lead Investigated resident competence in providing psychiatric care to geriatric patients. Designed and implemented educational intervention for third-year residents to improve clinical skills in managing complex psychosocial issues among geriatric patients.
- Dartmouth Psychiatric Research Center** 2013 – 2014
Geisel School of Medicine — Research Assistant Assisted with data collection and analysis in an ongoing anthropological study of families affected by homelessness and serious mental illness in New Hampshire.
- The Claire Garber Goodman Fund** 2012
Research Grant for the Anthropological Study of Human Culture— Recipient Conducted anthropological research at Dar es Salaam, Tanzania. Investigated cultural factors influencing the delivery of foreign humanitarian aid and effects of aid on mental health of school-aged children.
- Raynolds International Expedition Grant** 2011
Undergraduate Research Grant— Recipient Conducted anthropological research in Dar es Salaam, Tanzania.

Presentations and Publications

- Winthrop M**, Feil D. Grief Management in Older Adults: A Brief Didactic Intervention for Psychiatry Residents. Poster presented at: Annual Meeting of the American Association for Geriatric Psychiatry; 2023 Mar 3-6; New Orleans, MS.
- Winthrop M**. Essentials of Grief Management in Geriatric Patients. Lecture presented at: Semel Institute for Neuroscience and Human Behavior at UCLA Grand Rounds; 2022 Dec 5; Los Angeles, CA.
- Winthrop M**. Grief in Geriatric Patients: Theory and Practice. Lecture presented at: Los Angeles County Department of Mental Health Older Adult Care Grand Rounds; 2022 Oct 27; Los Angeles, CA
- Winthrop M**, Feil D. Psychiatric Resident Perceptions of Competency in the Management of Social Isolation and Grief in Geriatric Patients. Poster presented at: Annual Meeting of the American Association for Geriatric Psychiatry; 2022 Mar 18-21; Orlando, FL.
- Winthrop M**, Jordan E, Cho S. Blinded by the Light: A Near-Death Case Report. Poster presented at: Delivering Our Vision of Integrated Care. Annual Meeting of the Academy of Consultation-Liaison Psychiatry; 2020 Nov 12-13; Virtual Conference.
- Winthrop M**. Bipolar Depression and Mixed States. Lecture presented at: Outpatient Psychiatry Evidence-Based Medicine Didactics Series. LAC+USC Medical Center; 2020 Aug 27; Los Angeles, CA.
- Chou J, Lam B, Walker T, **Winthrop M**, Rahman S, Schaff P. Number of Humanities Majors Matriculating in US Medical Schools over the Past Decade. Poster presented at: The 12th Annual Examined Life Conference; 2018 Oct 25-27; Iowa City, IA.
- Kim YJ, Wong CA, **Winthrop M**, Rubino B, Lagomasino I. Implementation and Evaluation of Resident Training in Integrated Care. Poster presented at: Addressing Current Dilemmas in Psychosomatic Medicine: Consultants Consulting the Experts. Annual Conference of the Academy of Psychosomatic Medicine; 2017 Nov 8-11; Palm Springs, CA.
- Winthrop M**, Baron D. Physician Attitudes on Mental Health in Santa Barbara, CA. Poster presented at: Keck School of Medicine Annual Medical Student Research Forum; 2016 Apr 5; Los Angeles, CA.

Awards and Scholarships

Austen Riggs Award for Excellence in Psychotherapy

2021

Erikson Institute for Education and Research at the Austen Riggs Center— Recipient

Awarded to psychiatric residents in recognition of demonstrated excellence and commitment to the practice of psychodynamic psychotherapy.

AAGP Honors Scholar

2021

American Association for Geriatric Psychiatry— Recipient

Scholarship activities include participation in the 2021 AAGP Scholars trainee program and virtual conference, attendance of the 2021 AAGP Annual Meeting, and collaboration with a geriatric psychiatrist mentor on a scholarly project to be presented at the 2022 AAGP Annual Meeting.