

SHAUNA SIMPSON

MSN, APRN, PMHNP-BC

PROFESSIONAL SUMMARY

Psychiatric mental health nurse practitioner combining more than a decade of hospital nursing with two years of experience administering ketamine to patients with treatment-resistant depression, anxiety, and PTSD. Pursuing training in ketamine-assisted psychotherapy. Aims to incorporate interventional treatments such as ketamine where appropriate, alongside a strong foundation in psychotherapy, medication management, and holistic care.

EDUCATION

Master of Science in Nursing2025

Psychiatric Mental Health Nurse Practitioner, Maryville University

Bachelor of Science in Nursing2005

Saint Luke's College

CERTIFICATIONS

- American Nurses Credentialing Center (ANCC) certified
- ACLS, BLS, and PALS certified

PROFESSIONAL EXPERIENCE

Ketamine Infusion Nurse2024 – Present

Mental Health Center at Cedars Sinai Medical Tower

- Provides one-on-one care to patients with treatment-resistant depression, anxiety, and PTSD.
- Mixes and administers both IV and IM ketamine.
- Monitors patients throughout treatment and provides emotional support and grounding.

Clinical Nurse III2014 – Present

Cedars Sinai Medical Center

- Delivers care to patients in the Preoperative and Postoperative Care Units.
- Responsibilities include pain management, monitoring patient conditions, providing family support, and initiating IVs.
- Serves in leadership roles, including taking charge and precepting new nurses.

Travel Nurse2010 – 2014

Cross Country Healthcare

- Held contracted nursing positions in Northern and Southern California at USC, Cedars Sinai, Glendale Adventist, and UCSF.
- Worked across units including Neuro ICU, Step Down, and Telemetry.

PROFESSIONAL DEVELOPMENT

Ketamine Assisted Psychotherapy (KAP) TrainingIn progress

Polaris Insight Center

- Ketamine-assisted psychotherapy for treatment-resistant depression, anxiety, and trauma-related disorders.
- Patient screening, therapeutic preparation, dosing session support, and integration practices.

- Trauma-informed psychotherapy frameworks and safety protocols for psychedelic-assisted therapy.

CLINICAL INTERESTS

- Treatment-resistant depression
- Ketamine-assisted psychotherapy
- Interventional psychiatry (ketamine, TMS)
- Trauma and mood disorders

SKILLS

- Psychiatric patient assessment
- Ketamine infusion administration
- Trauma-informed patient care
- Medication management principles
- Peripheral IV placement
- EMR: Epic, IntakeQ, TherapyNotes